



Nail Care Hints & Tips

Drink plenty of water – Keeping your body hydrated every day helps maintain healthy nails.

Always use a base coat – This acts as a foundation for your nails & will help your polish go on smoothly & adhere properly. Nails can become dry & stained if base coat is not used.

Always wear topcoat over polish – It maintains the high gloss shine & adds to it's longevity. Apply every other day to prolong your manicure.

Always file your nails in one direction using a 240 grit file. Filing back & forth can result in splitting.

Avoid filing your nails fresh from the bath or shower, nails will be weaker and susceptible to breaking.

Using cuticle oil daily helps keep the cuticles & surrounding skin soft & nourished.